

Complimentary Allergy therapy Technique

By Michael Patty, Lic. Acupuncturist

(c.350 – 270 BC) The Naturalist School in China set out to interpret nature in a positive way and to use natural laws to man's advantage, not through attempting to control and subdue nature, but by acting in harmony with nature. The theories of Yin-Yang and the 5 Elements served to interpret natural phenomena, including the body, in health and disease. Yin and Yang are associated with the basic polarities of the human body. The 5 elements are associated with the yin organs, which are the heart, spleen, lung, kidney, and liver. Chinese Medicine sees each organ as a complex system encompassing its anatomical entity and its emotion, tissue, sense organ, mental faculty, color, climate and more. Disease occurs when the balance between Yin and Yang develop or when the 5 elements are out of balance.

An allergen can be considered an external pathogen. The pathogen enters the body as inhalants, ingestants, contactants, injectants, infectants, and physical agents. The person's internal energy reacts to the allergen producing the runny nose, red burning eyes, and all of the other allergic reactions. The allergen initiates the energy disturbance in the body in the weakest part of the body (a tissue, muscle, bone, or a major organ, etc.). The affected tissue is connected to one of the 12 meridians in the body, and causes an energy disturbance in the associated organ (one of the 5 elements).

According to Oriental Medical principles, when the yin and yang are balanced, and there is a state of perfect balance between all energies and functions, no disease is possible.

Nambudripad's Allergy Elimination Techniques, also known as NAET, was

discovered by Dr. Devi S. Nambudripad in November of 1983. NAET is a non invasive, drug free, natural solution to eliminate allergies and allergy-related disorders often with lasting results.

NAET is not a new technology. It is actually a combination of knowledge and techniques that uses much of what is already known from allopathic (western medical knowledge), chiropractic, kinesiology, acupuncture (oriental medicine) and nutrition. Allopathy gives knowledge of the brain, cranial nerves, spinal nerves and autonomic nervous system that enlightens us about the body's efficient multilevel communications network. Kinesiology is the art and science of movement of the human body. Kinesiology is used in NAET to compare the strength and weakness of any muscle of the body in the presence or absence of any substance. This is also called Muscle Response Testing to detect allergies. Chiropractic technique helps us detect the exact vertebral level in relation to the pinched spinal nerve root helps us to trace the travel route, the destination and the target organs of that particular energy pathway.

NAET treatments unblock the blockages in the energy pathways and restart normal energy circulation through the energy channels.

For further information about NAET theory please read "Say Good-Bye to Illness" written by Dr. Devi S. Nambudripad, published by Delta Publishing Company, Buena Park, California. Information can also be obtained by accessing WWW.NAET.COM.

Please call Michael D. Patty, Lic. Acupuncturist, (970)577-8177, for an appointment for a NAET treatment.

Michael D. Patty holds a Bachelor's Degree from the University Of Colorado, and is a Diplomate from the Colorado School of Traditional Chinese Medicine and is also a member of the Faculty. He has a Diplomate in Acupuncture from the NCCAOM. Michael is a Licensed Acupuncturist with the State of Colorado and

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